

R
E
S
T
A
U
R
A
N
T

Beetroot Restaurant is now available to booking for outside catering. Any size and style can be catered with competitive prices, for further information or to discuss menus please call us anytime.

Tel: 074 91 29759
Opening Hours: 5pm -10pm

STARTERS

Soup of the day crusty bread roll	€4.50
Classic Seafood Chowder served with wheaten bread	€6.95
Crispy confit Duck leg With a curried parsnip puree and spiced masala jus	€7.95
Chicken Goujons Coated in sesame seed breadcrumbs, garlic mayo dip, BBQ sauce and mini Caesar salad	€6.95
Selection of mini Bruschetta Parma ham with basil dressing, guacamole sundried tomato and spring onion, roasted cherry tomato and melted mozzarella	€4.95
Natural smoked Haddock & leek fishcake with red onion beetroot chutney	€6.95
Roasted Mediterranean spiced lamb sausage Lamb Sausage wrapped in Parma ham with ratatouille	€6.95
Club Sandwich of Crab Avocado and tomato with a tomato coulis	€6.95
Roasted Organic Salmon and goats cheese salad Salmon and goats cheese flaked into rocket and baby spinach cucumber, pickled beetroot, quails eggs and dressed salad	€7.50
Chefs Smoked Chicken Caesar Salad	€5.50

GRILL AND MEATS

10oz Bord Bia Quality Assured Hereford prime Beef Sirloin Succulent hereford sirloin cooked to your liking with a grilled flat mushroom, beef tomato, chunky chips and a sauce of your choice (creamed pepper sauce, white wine and wild mushroom cream sauce, gravy, garlic and herb butter)	€21.95
10 oz Bord Bia Quality Assured Hereford prime Beef Rib Eye steak Succulent rib eye steak with cream whipped potatoes topped with forestiere mushrooms and green beans, pan jus, cooked to your liking	€19.50
Medallions of Beef Fillet Medallions of Beef fillet with potato gratin with caramelised baby onions and beetroot jus	€21.95
Sweet chilli Chicken/ Sweet Chilli Steak Pocket Grilled strips of marinated steak/chicken inside a pitta pocket served with a salad drizzled with sour cream and chilli sauce, with a garlic mayo dip	€16.95
Roasted Lamb Rump Rump of lamb topped with a roasted red pepper goats cheese cream – fondant potato basil and mint syrup	€17.95
Medallions of Pork Fillet Grilled Medallions of pork fillet set on white pudding and apple mash, rich cider jus	€17.50

POULTRY DISHES

Chicken Escalope Succulent Breast of Chicken on a bed of champ coated in a wild mushroom cream sauce topped with crispy leeks	€14.00
Chorizo Chicken Melt Succulent breast of Chicken set on a chorizo char grilled Mediterranean vegetable risotto, coriander, sundried tomato pesto topped with mozzarella	€14.00
Cornfed Chicken Sautéed supreme of cornfed chicken, wild mushroom, spinach, olive oil cream potato, chassuer sauce	€14.00
Chicken and Smoked Ham Sautéed Chicken supreme with wilted greens, fondant potato, coated in a smoked ham and wholegrain mustard cream sauce	€14.00
Roast Duckling (Home Cooked) Served with a burnt orange sauce.	€19.50
Pan Seared Duck Breast Barbarie Duck Chinese style spices, wilted baby pak choi and stir fry vegetables, tossed in hoi sin and plum sauce	€18.95

FISH DISHES

Oven Roasted Hake Fillet of Hake, Celeric and Vanilla puree, drizzled with a yellow peppered cream sauce	€18.95
Pan Seared Fillet of Sea bass Seared fillet of Sea bass wrapped in Parma ham set on a roasted baby boiled potato chorizo sausage fennel with a spiced fine ratatouille	€21.50
Fish Cake Salmon and Cod bound in potato and Herb coated in bread crumbs set on wilted spinach with a chive cream sauce	€15.95
Roasted Halibut Roasted Halibut with a Mussels and Clam Provencal Bouillabaisse Sauce	€21.50
Seared Fillet of Organic Salmon Marinated Thai Salmon set on a pak choi ginger lemon grass and toasted sesame seeds and dressed noodles	€18.00
Grilled Dover Sole Grilled Dover Sole whole with a smoked paprika, garlic and herb butter	€21.50

VEGETARIANS

Penne Pasta Penne of wild mushrooms, spinach and tarragon parmesan creamed sauce drizzled with truffle oil	€11.95
Stuffed Courgette Oven roasted courgette with a spiced ratatouille with a brie melt drizzled with red pepper and garlic oil	€13.95
Vegetarian Enchilada Mediterranean style vegetables in an ariabatta sauce inside a tortilla wrap topped with white cheese sauce, tomato salsa and oven baked	€13.95
Risotto Beetroot and goat cheese risotto, rocket, drizzled with balsamic reduction	€13.95

SIDE ORDERS

Diced Potatoes/mango and red onion salsa/ garlic butter	€4.50	Sautee Onions	€3.95
Potato wedges, sour cream, sweet chilli sauce and pesto	€4.50	Sautee Mushrooms	€3.95
Chorizo & Sweet Chilli Mash	€3.95	Selection of Vegetables	€3.95
Chips	€3.50	Dauphinoise Potato	€4.50
Champ Mash	€3.50	Tossed Salad	€4.00
Garlic Bread	€4.50	Side Salad	€4.50
Tobacco Onions	€3.50	Greek feta salad	€4.95

All main courses served with a choice of 1 side order